



一般採血檢查注意事項

2016/4/20

1. 一般注意事項

- 1.1 請先依照檢驗單各檢驗項目之說明，確認是否要空腹抽血。
- 1.2 如需要空腹抽血時，請依照檢驗單上所規定的空腹時間。
- 1.3 若您已達檢驗項目所規定之空腹時間，或是您不需要空腹抽血時，請直接抽取採血號碼，依序抽血。
- 1.4 採血完畢後請以另一隻手直接加壓抽血傷口 5-10 分鐘，確認傷口沒有流血後再鬆開；請勿按揉傷口，以避免血腫產生。
- 1.5 若有抽血傷口周圍出現血腫現象時，請勿驚慌，請先用冰敷處理，隔日改用熱敷處理即可。
- 1.6 抽血過程中或抽血完畢，若有任何不舒服現象（例如：頭暈、噁心、冒冷汗等等）出現時，請立即告知處理人員。
- 1.7 若採指尖血，採血處棉花請保留 12-24 小時，避免接觸水份。兒童若有吸吮手指習慣，請以手套或襪子包覆拳頭以避免感染。

2. 血糖檢查注意事項

- 2.1 飯前血糖檢查請確實禁食（含飲水）達 8 小時後再進行採檢。
- 2.2 開始進食後 2 小時為飯後血糖檢查採血時間，請您務必記下進食第一口食物的確實時間，並於採血時間前 10 分鐘至飯後血糖採血櫃台報到，以便安排抽血順序。
- 2.3 進食後至飯後血糖檢查抽血前，請勿進食及飲水。
- 2.4 如您需要服用血糖控制藥物時，請依照醫師指示的時間服用；飯前血糖藥物請於採血後服用，飯後血糖藥物請於飯後規定時間內服用。

3. 採血服務時間及地點

- 3.1 台北院區：週一～週五 07：30～22：00 及週六 07：30～15：00，請至福音樓一樓門診檢驗。
- 3.2 台北院區核子醫學：週一～週五 08：00～17：00 週六 08：00～13：00，請至核子醫學。
週一～週六其他時段請依台北院區服務時間改至門診檢驗。
- 3.3 淡水院區：週一～週五 07：30～17：30 及週六 07：30～14：30，請至馬偕樓二樓門診檢驗。
- 3.4 其他時間或國定假日期間暫停服務。

4. 洽詢電話

- 4.1 馬偕紀念醫院台北院區（02）25433535 轉檢驗科 2230。
- 4.2 馬偕紀念醫院台北院區（02）25433535 轉核子醫學科 2299。
- 4.3 馬偕紀念醫院淡水院區（02）28742561 轉檢驗科 2463。



Blood withdrawal for general tests

2016/4/20

1. Notes for general tests

- 1.1 Please follow the instruction by testing items on the examination form to make sure whether you need NPO (nothing per mouth) or not.
- 1.2 If you need NPO for blood withdrawal, please NPO after dinner for hours as recommended.
- 1.3 When you have enough NPO hours as required by the test item or you don't need NPO, please proceed to the laboratory counter to have the blood withdrawal arranged.
- 1.4 After blood withdrawn, please apply the other hand over the needle wound for 5-10 minutes. Make sure no more bleeding before release of compression. Please do not massage to avoid hematoma formation.
- 1.5 If there were hematoma formation around the needle wound, please don't be panic. Initially, apply ice bag over the wound. Switch hot pack on the next day.
- 1.6 During or after the blood withdrawal, please notify the laboratory personnel immediately if there were any discomfort such as dizziness, nausea, cold sweating, etc.
- 1.7 If blood sampling performed via the finger tip, please keep the cotton dry over the sampling site for 12 to 24 hours. In case some children had the habit of finger sucking, we suggest to wrap their hands with the glove or sock to avoid infection.

2. Notes for blood glucose tests

- 2.1 Make sure you have NPO (including drinking water) for 8 hours before the blood withdrawn for fasting blood glucose test.
- 2.2 Please record the time when you begin to have the meal. The time of blood withdrawal for postprandial glucose test is 2 hours after beginning your meal. Proceed to the OPD laboratory counter 10 minutes earlier in order to have the blood withdrawal arranged.
- 2.3 Please do not eat or drink after the completion of meal and before blood withdrawn for the postprandial blood glucose test.
- 2.4 If you need the intake of blood glucose control pill, please follow the time as instructed by the physician. Please intake the fasting blood glucose control pill after blood withdrawn. In addition, intake the postprandial blood glucose control pill during the recommended time period after meal.

3. Time and location for blood withdrawal

- 3.1 Mackay Memorial Hospital at Taipei : During 7 : 30 am to 10 : 00 pm on Monday to Friday, or 7 : 30 am to 3 : 00 pm on Saturday, please visit the OPD laboratory. (1st floor, Gospel Building).
- 3.2 For the examination form designated to have the blood withdrawal at Nuclear Medicine Department, please visit the nuclear medicine laboratory during the following hours: 8 : 00 am to 5 : 00 pm on Monday to Friday, or 8 : 00 am to 1 : 00 pm on Saturday. For other hours, please visit the OPD laboratory.
- 3.3 Mackay Memorial Hospital at Tamshui : During 7 : 30 am to 5 : 30 pm on Monday to Friday, or 7 : 30 am to 2 : 30 pm on Saturday, please visit the OPD laboratory. (2nd floor, Mackay Building)
- 3.4 Please avoid other hours and holidays.

4. Telephone for inquiry

- 4.1 Mackay Memorial Hospital Laboratory at Taipei: (02)25433535 Extension 2230
- 4.2 Mackay Memorial Hospital Nuclear Medicine Department at Taipei: (02)25433535 Extension 2299
- 4.3 Mackay Memorial Hospital Laboratory at Tamshui: (02)28094661 Extension 2463

馬偕紀念醫院
Mackay Memorial Hospital