

眼瞼黃色瘤切除合併兩側上眼皮整形手術

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Concomittent excision of Xanthelasma Palpebrarum with blephoroplasty of upper eyelids

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Purpose:

Xanthelasma (xanthelasma palpebrarum) is a skin condition that develops flat yellow growths on the eyelids. Xanthelasma is often seen in people with high cholesterol or other fat (lipid) levels in the blood, and the lesions contain deposits that are high in fat (lipid-rich). Surgical excision is a standard procedure if the xanthelasma is cosmetically unappealing and if it does not respond to lipid-lowering therapies. Excision of xanthelasma with larger size may cause some cosmetic problems, like asymmetry of upper eyelids. Concomittent excision of xanthelasma palpebrarum with blepharoplasty of upper eyelids could result in good cosmetic result.

Materials and Methods:

We performed concomittent excision of xanthelasma palpebrarum with blepharoplasty of upper eyelids for six patients at Mackay memorial hospital.

Results:

All patients in our study had good cosmetic results postoperatively without any major complication.

Conclusion:

Concomittent excision of xanthelasma palpebrarum with blepharoplasty of upper eyelids is better than simple excision for cosmetic result.