



2026 八里喜來登旅客健檢專案

Category	EXAM items	Clinical significance	MAN Set A	FEMAN Set A	MAN Set B	FEMAN Set B
		cost	\$48,990	\$49,000	\$62,990	\$63,000
身體評估 Initial evaluation	身高、體重、血壓、脈搏、視力、眼壓、聽力、體脂肪各系統理學檢查 Height and Weight, Blood Pressure, Pulse, Waistline	基本生理檢查與醫師理學檢查早期發現健康風險 It can serve as a reference for the level of planning.	◎	◎	◎	◎
	身體組成分析 X-SCAN	評估身體各種組成脂肪、礦物質、蛋白質、水份等另外評估四肢強壯程度 Assess the body's various components, including fats, minerals, proteins, and water, and also evaluate the strength of the limbs	◎	◎	◎	◎
血液淋巴系統 Hematology and Immune System	血紅素 Hb	是否患有貧血、細菌或病毒感染、白血病、或骨髓造血功能或凝血功能障礙？ Does the patient have anemia, bacterial or viral infections, leukemia, or issues with bone marrow hematopoietic function or blood clotting function	◎	◎	◎	◎
	紅血球計數 RBC count		◎	◎	◎	◎
	血球容積比 Ht		◎	◎	◎	◎
	平均紅血球容積 MCV		◎	◎	◎	◎
	平均紅血球色素量 MCH		◎	◎	◎	◎
	平均紅血球色素濃度 MCHC		◎	◎	◎	◎
	白血球計數 WBC count		◎	◎	◎	◎
	白血球分類 WBC-DC		◎	◎	◎	◎
	血小板計數 Platelet count		◎	◎	◎	◎
	100 項過敏原檢測		◎	◎	◎	◎
新陳代謝與內分泌 Metabolic and Endocrine System	空腹血糖 Glucose AC	血液中葡萄糖濃度數值，為糖尿病診斷依據 Blood glucose levels are a basis for diagnosing diabetes.	◎	◎	◎	◎
	糖化血色素 HbA1c	評估近 2-3 個月血糖控制趨勢，是糖尿病診斷與長期追蹤的關鍵指標。 For diabetes monitoring, blood glucose control reference for 2-3 months.	◎	◎	◎	◎
	維他命 D 25(OH)-D TOTAL	活性維生素 D3 與人的精力、體力和骨質疏鬆症密切相關。 Active vitamin D3 is also closely related to a person's energy, physical strength, and osteoporosis.	◎	◎	◎	◎
神經系統 Neurology	自律神經檢測 HRV	篩檢交感神經副交感神經是否平衡。 Screening for a balance between the sympathetic and parasympathetic nervous systems	◎	◎	◎	◎
	甲狀腺刺激素 TSH	了解甲狀腺功能及構造是否正常	◎	◎	◎	◎



2026 八里喜來登旅客健檢專案

甲狀腺系統 Thyroid Function System	游離甲狀腺素 Free T4	To understand whether thyroid function and structure are normal	◎	◎	◎	◎
	甲狀超音波 Thyroid Sonogram		◎	◎	◎	◎
心臟血管系統 Cardiovascular System	靜式心電圖 Resting E.K.G.	診斷心律不整及各種心臟疾病引起變化 Diagnostic effects of arrhythmias and changes caused by various heart diseases.	◎	◎	◎	◎
	總膽固醇 T-Cholesterol	心臟血管動脈硬化的危險指標。	◎	◎	◎	◎
	三酸甘油酯 Triglyceride	Risk indicators of cardiovascular arteriosclerosis	◎	◎	◎	◎
	高密度脂蛋白膽固醇 HDL	體內具代表性的脂質，動脈硬化的參考。	◎	◎	◎	◎
	低密度脂蛋白膽固醇 LDL 脂蛋白 A LP(a)	As the most representative lipid in the body, it serves as a reference for arteriosclerosis.	◎	◎	◎	◎
	肌酸激酶 CK	心臟功能與心肌梗塞參考指標 Cardiac function and myocardial infarction reference indicators	◎	◎	◎	◎
	胰島素 Insulin		◎	◎	◎	◎
	高敏感性 C 反應蛋白 High sensitive CRP		◎	◎	◎	◎
	同半胱氨酸 Homocysteine		◎	◎	◎	◎
	動脈血管彈性檢查 (ABI) Blood vessel arteriosclerosis and stenosis examination	可檢驗出周邊動脈(尤其是主動脈分枝及四肢動脈)是否有阻塞情況，臨床上代表意義視為等同冠心病(心臟血管缺氧)的高風險。 It can detect whether there is any blockage in the peripheral arteries (especially the branches of the aorta and the arteries of the limbs), which is clinically considered to be equivalent to a high risk of coronary heart disease (cardiac vascular hypoxia)	◎	◎	◎	◎
	心臟超音波 Cardio Echogram	評估心臟大小、功能、結構及瓣膜疾病 Assess heart size, function, structure, and valvular disease.	◎	◎	◎	◎
	冠狀動脈鈣化評估 Coronary Artery Calcification Assessment	電腦斷層掃描 (CT) 用於非侵入性檢查冠狀動脈壁鈣化 Computed tomography (CT) is used to non-invasively examine for calcification of the coronary artery walls.	◎	◎	◎	◎
胸腔系統 Lung and Respiratory System	低劑量肺部腫瘤篩檢 Lung Computed Tomography	利用電腦斷層造影,以無侵入性方式,檢查是否有肺部腫瘤,目前公認診斷肺部腫瘤最佳利器 Computed tomography (CT) is a non-invasive method for detecting lung tumors and is currently recognized as the best tool for diagnosing lung tumors.	◎	◎	◎	◎



2026 八里喜來登旅客健檢專案

肝膽胰脾系統 Hepatobiliary, Pancreas and Spleen System	胸部 X 光 Chest X-ray	1. 提供呼吸系統有無發炎腫瘤之診斷 2. 診斷心臟血管系統有無心臟擴大、心血管退化之異常 3. 診斷胸腔骨骼系統有無骨折或錯位之異常 1. To diagnose inflammation or tumors in the respiratory system. 2. To diagnose cardiovascular abnormalities such as cardiomegaly or cardiovascular degeneration. 3. To diagnose fractures or dislocations in the thoracic skeletal system.	◎	◎	◎	◎
	血清麩氨酸轉移酶 SGOT	肝功能是否異常，可能原因如，急性慢性肝炎、酒精性肝炎、肝硬化、肝癌、藥物等。 Abnormal liver function may be caused by conditions such as acute and chronic hepatitis, alcoholic hepatitis, hemolysis, jaundice, biliary obstruction, acute and chronic liver diseases, cirrhosis, liver cancer, and medications.	◎	◎	◎	◎
	血清丙酮酸轉移酶 SGPT		◎	◎	◎	◎
	丙型麩胺醯轉移酶 r-GT		◎	◎	◎	◎
	鹼性磷酸酶 AIP		◎	◎	◎	◎
	直接膽紅素 D-Bilirubin		◎	◎	◎	◎
	總膽紅素 T-Bilirubin		◎	◎	◎	◎
	B 型肝炎表面抗原 HBsAg	Differential diagnosis of whether or not one is infected with hepatitis B or is a carrier, has immunity, or needs to receive hepatitis B vaccination.	◎	◎	◎	◎
	B 型肝炎表面抗體 AntiHBs	have hepatitis B antibodies	◎	◎	◎	◎
	B 型肝炎核心抗體 Anti-HBc	Early detection of hepatitis B infection	◎	◎	◎	◎
	C 型肝炎抗體 Anti-HCV	hepatitis C antibodies	◎	◎	◎	◎
	甲型胎兒蛋白 AFP	篩檢肝癌的腫瘤指標。 Reference indicators for liver cancer	◎	◎	◎	◎
	醣鎖抗原-199 CA-199	胰臟及膽道癌症參考指標。 Reference indicators for pancreatic and biliary tract cancers	◎	◎	◎	◎
	腹部超音波 Abdomen Echogram	肝、膽、腎、胰及脾臟等器官是否有結石、腫瘤、構造異常等現象。 (胰臟尾部有時無法透過腹部超音波清楚顯影)。Check for stones, tumors, structural abnormalities, etc. in organs such as the liver, gallbladder, kidneys, pancreas, and spleen. (Sometimes the tail of the pancreas cannot be clearly visualized by abdominal ultrasound).	◎	◎	◎	◎
腸胃道檢查 Digestive System	內視鏡麻醉 anaesthetization	用麻醉方式在放鬆且無痛狀況下做內視鏡檢查 anaesthetization			◎	◎
	胃鏡檢查 Panendoscopy	食道、胃、十二指腸檢查息肉處置費另計 Examination of esophagus, stomach, and duodenum			◎	◎



2026 八里喜來登旅客健檢專案

	全大腸鏡檢查 colonoscopy	觀察直腸、各段結腸有無發炎、潰瘍及腫瘤息肉處置費另計 Are there any inflammation, ulcers, or tumors in the rectum, ascending colon, descending colon, and transverse colon			◎	◎
	以 CO2 灌腸 CO2 inflatable	以 CO2 灌腸 CO2 inflatable			◎	◎
	第三代優質清腸劑及代餐包 Intestinal cleansing agents and meal replacement packs	腸道清潔劑與代餐包 Intestinal cleansing agents and meal replacement packs			◎	◎
	癌胚抗原 CEA	篩檢腸道癌參考指標。 Reference indicators for colorectal cancer			◎	◎
腎臟泌尿系統 Kidney and Urology System	尿素氮 BUN	腎功能和痛風的診斷指標。 Kidney function and diagnostic indicators of gout	◎	◎	◎	◎
	肌酸酐 Creatinine		◎	◎	◎	◎
	尿酸 Uric Acid		◎	◎	◎	◎
	腹部 X 光 Abdominal X-ray	診斷腰椎、骨骼、關節和泌尿道等部位的結石等異常狀況。 Diagnose for abnormalities such as stones in the lower back, bones, joints, and urinary tract.	◎	◎	◎	◎
	尿液 13 項檢查 Urinalysis 尿液生化分析：酸鹼度、比重、尿糖、尿蛋白、尿潛血、尿膽紅素、尿中白血球、尿酮體、尿沉渣顯微鏡檢 (Micro exam.)	肝、膽、腎及糖尿病、尿道發炎及感染參考 Examinations for kidney disease, nephritis, urinary tract infection, stones, diabetes, and microbial diseases.	◎	◎	◎	◎
	睪固酮 Testosterone	男性更年期、壓力、活力與罹癌風險評估。 Male menopause, stress, vitality and cancer risk assessment.	◎		◎	
	前列腺特异性抗原 PSA	男性攝護腺腫瘤參考指標 Reference indicators for male prostate tumors	◎		◎	
骨骼系統 Skeletal System	頸椎攝影檢查 Cervical Spine	檢查頸椎有無移位、滑脫、關節病變 Check for cervical spine displacement, slippage, and joint lesions.	◎	◎	◎	◎
	骨質密度檢測多部位 Bone Mineral Density two part	雙部位骨質缺乏及骨質疏鬆程度之測定 Measurement of bilateral bone deficiency and osteoporosis	◎	◎	◎	◎
婦女專屬檢查 Gynecology (Female)	3D 乳房超音波 3D Breast echogram	女性乳房是否有異常腫塊 Are there any abnormal lumps in a woman's breast?		◎		◎
	婦產科超音波 Gynecological Sonogram	子宮或卵巢是否有病變？患者是否感染乳突病毒？ Are there any lesions in the uterus or ovaries? Is the patient infected with papillomavirus?		◎		◎
	人類乳突病毒 HPV			◎		◎
	子宮頸抹片細胞學檢查 Thin-prep			◎		◎



2026 八里喜來登旅客健檢專案

	婦產科會診 Gynecological Consultation,			◎		◎
	醣鎖抗原-153 CA-153	女性乳癌參考指標 Reference indicators for female breast cancer		◎		◎
	醣鎖抗原-125 CA-125	女性卵巢癌參考指標 Reference indicators for female ovarian tumors		◎		◎
專科醫師問診 Physician Physical Examination	醫師理學檢查師 Physician Physical Examination	關鍵部位的身體檢查、報告解讀和說明 Physical examination of critical areas, report interpretation and explanation.	◎	◎	◎	◎
附加服務 Additional Service	A comfortable cotton health check gown and a delicious meal will be provided.		◎	◎	◎	◎

台灣基督長老教會馬偕醫療財團法人 淡水馬偕紀念醫院

地址：251020 新北市淡水區民權路 47 號

電話：(02) 2809-4661 分機：3440

※ 來電時請告知「八里喜來登飯店專案」。

MacKay Memorial Hospital – Tamsui Branch

MacKay Medical Foundation, Presbyterian Church in Taiwan

Address

No. 47, Minquan Rd., Tamsui Dist., New Taipei City 251020, Taiwan

Telephone

+886-2-2809-4661 ext. 3440

Reservation Note

Please mention the "Sheraton Bali Hotel Accommodation Program for MacKay Health Check-up Guests" when calling.