Schematic Description for Tube Feeding Process

管灌流程說明(英文版)



Step 1

Get ready the stuff for tube feeding: towel, boiled water, needle-stick/syring, the diet of tube feeding formula.

步驟1

☑ 準備灌食用品:毛巾、開水、灌食空針及灌食配方。

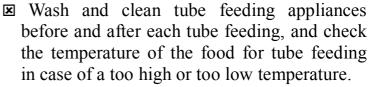


Step 2

■ To avoid bacterial infection, one should wash his/her hands before tube feeding.

步驟2







- To avoid the case of aspiration pneumonia, the patient's head should be raised or the patient should be kept in semi-sitting position of over 45 degree.
- ☑ 灌食前使個案頭部抬高或半坐臥 45 度以上,避免吸入性肺炎發生。



♣ Step 3

■ Set a towel on the individual's chest

步驟3

☑ 在個案胸前舖上一條毛巾。









Step 4

Check if the tape labeled for the position of NG tube is fixed or tangled in the mouth. (Please stop the tube feeding and mention the medical personnel if the tape is moved)

步驟 4

☑ 檢查鼻胃管位置膠布標記是否有滑脫移位,有否 在嘴內纏繞〈若有滑脫移位,請停止灌食並聯絡 醫護人員處理〉。



Step 5

■ Bend the gastric tube back, connect it to an empty needle stick, and draw out the contents in the stomach

步驟 5

☑ 將鼻胃管反折,接上空針,反抽胃容物。



♣ Step 6

☑ If the contents drawn out are less than 1/2 feeding volume, it is allowed to continue the tube feeding.

步驟 6



- Fig. 15 If the contents draw out are more than 1/2 feeding volume, it is necessary to inject them back and stop the tube feeding; draw them out again after 1 hour, and it is allowed to continue the tube feeding if they are less than 1/2 feeding volume. (If the color of what have been drawn out is cardinal, brown or blackish green, do not inject them back and immediately contact the medical personnel).
- ☑ 但若反抽物大於 1/2 灌食量,則需先將反抽物灌 回,暫不灌食;待 1 小時再次反抽,若反抽物少 於 1/2 灌食量,則可以繼續灌食〈若反抽物顏色 為鮮紅色、咖啡色、暗綠色,不可以將反抽物灌 回,請停止灌食並聯絡醫護人員〉。









♣ Step 7

When attempting for tube feeding, bend the gastric tube back first and connect it to an empty needle stick, followed by the addition of the diet. The needle-stick/syringe should be higher than the position of the stomach by 45 cm.

步驟7

☑ 灌食時,先將鼻餵管反折,接上空針,倒入灌食配方,針筒需在胃部上方45公分。



🚣 Step 8

Hold the needle-stick/syringe by a hand to let the diet flow down in a slow rate. The total time should be more than 15 min.

步驟8

☑ 手持針筒,讓灌食配方自然慢慢流下,灌食速度 要慢,時間不可少於 15 分鐘。



♣ Step 9

When the diet is going to finish, one should bend the gastric tube back right away in case of entrance of air to eliminate the occurrence of flatulence.

步驟9

☑ 當配方快灌食完時,立即反折胃管,避免空氣進入,減少個案腹脹不適。



♣ Step 10

After the feeding, it is necessary to flush the tube with warm boiled water of 30~50 c.c. to make the tube be clean without obstruction.

步驟 10

☑ 灌食後,需以溫開水約 30~50 毫升沖洗管子,以維持管子暢通及清潔。



📥 Step 11

■ Bend the NG tube back to close down the entrance.

步驟 11

☑ 將鼻胃管反折,關閉開口。





Caution

注意事項

During the tube feeding, if any abnormality is coming to the individual (like a lasting cough, vomit, the face which is turning blue, etc.), it is required to stop the tube feeding immediately and contact the medical personnel for a solution.

灌食過程中,若個案有任何異常情形〈如不停咳嗽、嘔吐、臉色發紫等〉,應立即停止 灌食,並尋求醫護人員協助。

After finishing the tube feeding for 1 hour, it is allowed to let the patient lie down. If the individual can move easily, one should encourage the individual to do some light exercises helpful to the digestion. Any action that will pressure the belly should be avoided, like cough, restraint of the belly, hiccough, turning the body over, postural drainage, etc.

灌食一小時後,才使個案躺平。若個案可以自由活動,應鼓勵其灌食後,做些輕度活動幫助消化,但避免增加腹部壓力之動作,如:咳嗽、束腹、打隔、翻身、拍痰......等。





Tube Feeding Schedule

管灌飲食配方

Name					
姓名					
Height	cm;	Current weight	kg;	Ideal weight	kg
身高	公分	目前體重	公斤	理想體重	公斤
Suggested calories		kcal/day; protein		gm;fat	gm
建議執量		大卡/天	番白質	克 脂肪	克.

Contents of tube feeding diet

灌食配方內容

1E K 403 113						
Commercial diet name 商業配方名稱	Breakfast 早餐	Snack 早點	Lunch 午餐	Snack 午點	Dinner 晚餐	Snack 夜點
Salt (g) 鹽 (克)						
Water (c.c.) 水 (c.c.)						

- ※ Maltodextrin 粉飴
- ※ Yeast powder 酵母粉
- Wegetable oil 植物油













